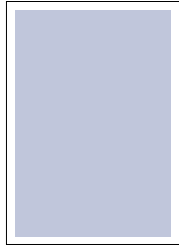


# The North Coast Post

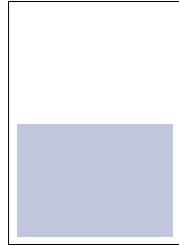
## ADVERTISING GUIDELINES

### AD DIMENSIONS (MM)

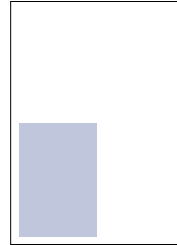
Full page  
260 w x 380 h



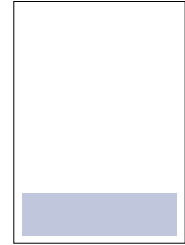
Half page  
260 w x 188 h



Quarter page  
129 w x 188 h



Front page strip  
260 w x 72 h



### ARTWORK SET UP

- FONTS**
- All fonts must be embedded or outlined
- TYPEFACES**
- Type should be minimum 7-point (black)
  - Colour type 10-point minimum
  - All reverse type should be 10-point or greater
  - Reverse type between 10-point and 12-point should be bold and sans serif
  - All reverse type should be placed in tints of over 60% density
  - Type with serifs or screens, reversed out of a 4-colour image or colour, should be 12-point or greater in size
- COLOURS**
- Use only 100% black, not four colour black
  - Any Pantone & RGB colours must be converted to CMYK
- INK WEIGHT**
- All images, graphics and other elements within ads must not exceed 230% total ink weight
- IMAGES**
- Minimum image resolution – 200dpi
  - Black Ink Limit – 80% (recommended)
  - Dot Gain – 30%
  - Highlight set at a minimum of 3%
  - Images can be converted to the correct settings in Photoshop following the steps on p2

### FILE PREPARATION

- All advertising material must be supplied as Press Ready PDFs
- Must be CMYK (including all images within)
- Ads must be supplied to the correct dimensions, with no printer's marks
- Please keep file size down – maximum 8MB

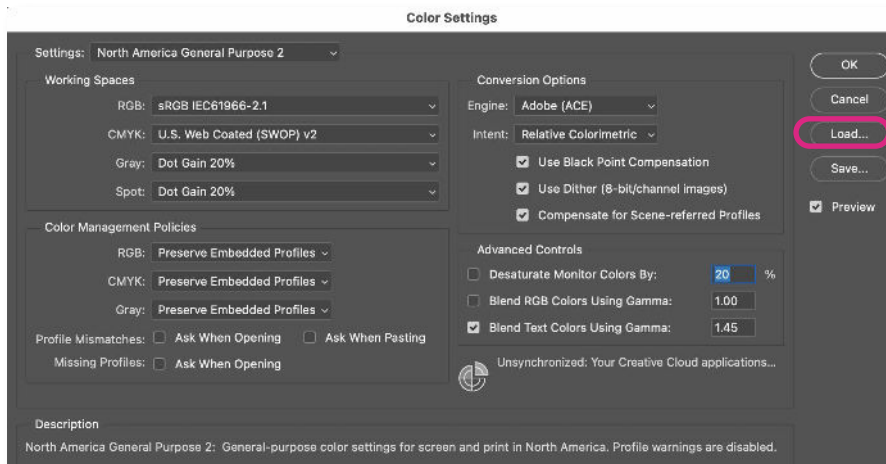
### ARTWORK SUBMISSION

- Please ensure your ads meet the specifications outlined prior to sending
- If NCP receives incorrectly supplied artwork, we will request resupply
- If resupplied artwork *still* doesn't meet the above specs, NCP will be obliged to make changes in order to be suitable for print
- Any changes to ads that NCP is obliged to make will be charged to the advertiser
- Changes made by NCP such as CMYK colour conversion, ink weight reduction or file compression may alter the appearance of colours and images in supplied materials

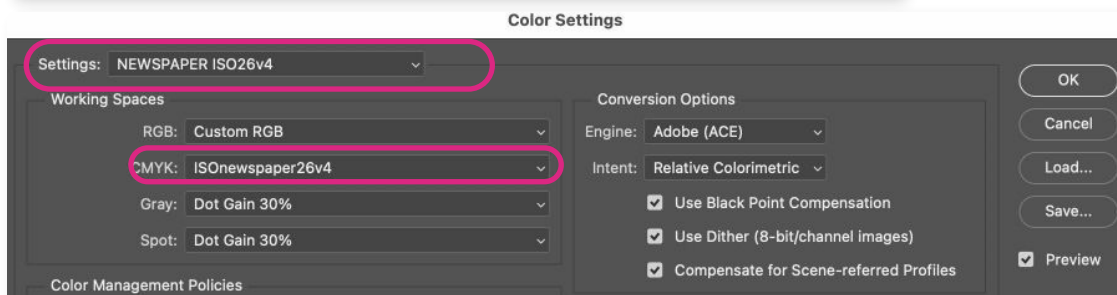
# Using colour settings to control COLOUR MODE & INK WEIGHT

## STEP 1: ADJUSTING COLOUR SETTINGS IN PHOTOSHOP

1. Download the attached colour settings file "NEWSPAPER ISO26v4.csf"
2. In Photoshop, go to the **Edit** menu and select **Colour Settings**
3. On the right hand side of the pop up, click **Load**



4. Navigate to your downloaded .csf file, click **Open**
5. Confirm your colour setting is selected at the top of the pop up, then click **Ok**



## STEP 2: APPLYING NEW COLOUR SETTINGS TO IMAGES IN PHOTOSHOP

For the colour settings to take effect you **MUST** apply them to images – there are two ways to do this

**Method 1: Convert to Profile** – The best way to convert both RGB and CMYK images

1. Go to the **Edit** menu and select **Convert to Profile**



2. Ensure **CMYK** is selected as the Destination Space and click **Ok**



**Method 2: Mode Change** – Quick for converting from RGB, but slower for images that are already CMYK

1. Go to the **Image** menu and select **Mode**
2. If the image is **RGB**, Mode change to **CMYK**
3. If the image is already **CMYK**, Mode change to **RGB** and then back to **CMYK**

